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## FUN TO GO

### ORDER UP A CAVALCADE OF KIDS' ACTIVITIES

By **MARSHA LEBEDEV BERNSTEIN**

February 2, 2008 -- LAST night's sushi supper came to the door; your Netflix movie arrived in the mail. When it comes to finding activities for the kids on a cold, rainy day or night, why not order in, too?

For about \$100 or so, you can entertain the wee crowd without leaving your home. Prices and group sizes vary, so call for additional info - and leave your parkas in the closet.



Karma Kids Yoga teacher Shari Vilchez-Blatt (standing) pays a house call to New York's Bergen family.



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#### YOGA

Want the whole family to become more centered and limber in the new year? Start by perfecting that triangle pose. Karma Kids Yoga guides tots to teens through an age-appropriate yogic experience that adults can join, too.

For the under-6 set, "yoga adventures" allow kids to choose a destination and mimic the sounds and movements of the animals they might meet there. "They're using their imaginations," says Karma Kids owner Shari Vilchez-Blatt. "They're becoming animals, barking like dogs, mimicking lions." More challenging poses are offered to older kids who want a more traditional workout. Mats, props and music are provided.

Toddlers to teens; one-hour sessions are \$100 for up to six people, \$20 for each additional person; karmakidsyoga.com, (646) 638-1444.

#### COOKING

Size doesn't matter to Jennifer Clair, who believes no kitchen is too small for a Home Cooking New York class. She or her staffers will help your kids cook an entire meal: entrée, sides and dessert. Better yet: "We usually wrap up around dinnertime, so families can enjoy the meal together."

Shopping for the ingredients is up to you. As far as the menu goes (Mexican? Italian?), Home Cooking New York is open to suggestions.

Age 8 and up; \$250 for two children for about two hours, \$40 for each additional child, maximum of four; homecookingny.com, (718) 282-8866.

#### THEATER

Your kindergartner's been a ham since she uttered her first word; your second-grader's been practicing his Oscar speech. Let them explore their talents with someone other than grandma by calling TADA!

A director/choreographer and musical director will come to your home and teach dance, acting, singing, or some combination thereof. And if you have a piano, they'll plan a musical theater workshop - in your living room!

Pre-K through age 10; one-hour sessions start at \$300; tadatheater.com, (212) 252-1619, ext. 15.

#### MUSIC

Ryan Paulson started singing for kids after answering an ad placed by a

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toy store nine years ago. Now he plays the urban kids' party circuit. But your kids don't have to wait for a birthday celebration to enjoy his chill take on "Twinkle, Twinkle," "The Wheels on the Bus" and - for the adults among you - Don McLean.

"I love what I do," Paulson says. "I get to spend my days with kids, although I don't come home to any." That's about to change: He and his wife are expecting a baby this summer.

Ages 1 to 5; \$100 for up to five children for a 45-minute session, \$20 for each additional child; asinalongwithryan.com, (646) 373-5550.

**ART**

Murals are fine - outside. But for creative indoor fun with a low mess factor, call Kids at Art. Founder Wendy Miller or one of her instructors will bring the supplies for an hour of watercoloring, collages, drawing or crafts - decorating backpacks, say, or T-shirts.

More involved projects can be tailored to your mess threshold.

Ages 2 to 11; \$250 and up for three kids for a one-hour project; kidsatartnyc.com, (212) 410-9780.

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